



# EXPLORE

## Our Activities

**MONDAY - FRIDAY**

**9.00AM - 5.00PM**

**YOU CHOOSE...**

Life skills

Employability skills

Art and Crafts

Swimming

Day trips

Vehicle Maintenance

Gardening

Dance

Gym

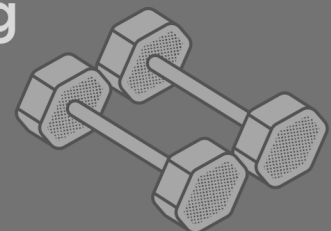
Drama

Music

Book Club

Small Animal Care

Cooking & Baking

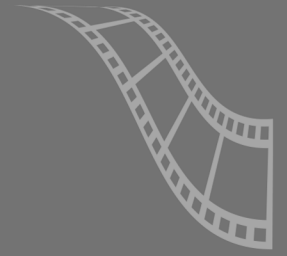


For more information

Email: [looking.forward@btinternet.com](mailto:looking.forward@btinternet.com)



**TUESDAY 5.30-8.30PM**



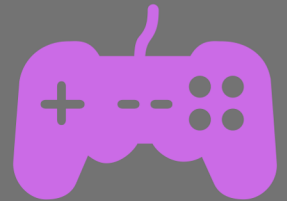
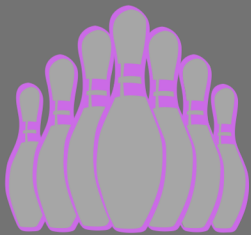
**LFA PERFORMING ARTS**

Create and perform shows including acting, dancing, singing, direction and set design. Run by our Performing Arts qualified staff!

**WEDNESDAY 5.30-8.30PM**

**LFA BOWL**

Pub Meal and Tenpin Bowling



**THURSDAYS 5.30-8.30PM**

**LFA SOCIALISE**

Movies

Disco

Bingo

Gaming

Pamper & Prosecco

Curry nights

BBQ's

Pool & table football

For more information

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