

Activities you can take part in using your direct payments/self-directed support....

Day	Venue	Activity	Transport Included in cost	Transport Available	Areas Covered
Monday 9.30am-1.30pm AQA Accredited	United Reformed Church, Antrobus St, Congleton	Life & Social Skills Group £12.50 per hour including all activities <ul style="list-style-type: none"> • Cooking • Exercise • Drama • Self Defence • Meals Out • Trips Out Lunch included	No	Yes	Winsford Northwich Middlewich Holmes Chapel Congleton
Tuesday Evening 6.00pm-8.30pm (approx)	Various (pick up and drop off included)	Social Group £12.50 per hour <ul style="list-style-type: none"> • Dancercise Including cost of dancercise	Yes		Winsford Northwich Middlewich
Wednesday 9.00-1.00 AQA Accredited	Northwich & District Youth Centre	Life/Work and Social Skills Group £12.50 per hour <ul style="list-style-type: none"> • Healthy Cooking • Exercise • Drama • Self Defence • Meals Out • Trips Out • Life Skills • Work Skills Lunch included	No	Yes	Winsford Middlewich Northwich
Wednesday 1.00-4.00pm	Northwich & District Youth Centre	Work Skills Café £12.50 per hour Supported work skills	No	Yes	Winsford Middlewich Northwich
Wednesday Evening 4pm – 6pm 6pm – 9pm (approx)	Various	Social Group £12.50 per hour <ul style="list-style-type: none"> • Meal Out • Disco Including disco entrance	Yes		Winsford Northwich Middlewich
Thursday Evening 6.00-9.00 Approx	Various Pick up and drop off included	10 Pin Bowling social group £12.50 per hour Including one bowling game	Yes		Winsford Northwich Middlewich
Friday 9.00am – 1.00pm	Northwich & District Youth Centre, Winnington, Northwich	Life & Social Skills Group £12.50 per hour including activities <ul style="list-style-type: none"> • Healthy Cooking • Exercise • Drama 	No	Yes	Winsford Northwich Middlewich Runcorn

		<ul style="list-style-type: none"> • Self Defence • Meals Out • Trips Out • Life Skills Lunch included			
Friday 1.00pm – 4.00pm	Various (pick up and drop off included)	Social Group £12.50 per hour <ul style="list-style-type: none"> • Cinema • Bowling • Trips Out Including drink	Yes		Winsford Northwich Middlewich Chester Ellesmere Port
Saturday Afternoon 12.30=-3.30 Approx	Various Pick up and drop off included	Lunch Out and 10 pin bowling Social Group £12.50 per hour Including one bowling game	Yes		Winsford Northwich Middlewich

Some of the other things we provide....

- Extra activities during the holidays including: Dj workshops/Graffiti Art/Beach Party/Trips Out etc
- Respite/Holiday weekend breaks
- 1:1 Support available
- Want to join us in the holidays? Not a problem you don't have to be a regular to attend!

Call/Text Michelle on 07511189331 for more information or to reserve your place