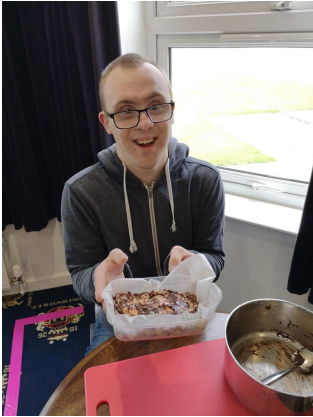


LFA CHRONICLES

The Group Gossip!



Making Rocky Road!

Welcome to our new bi-weekly newsletter!

In these newsletters we're going to keep you up to date with the group and everything we are getting up to.

Since our re-opening on the 8th of June we have been busy crafting and cooking, dancing and duetting & bingo-ing and baking!

Parent Feedback:

"Our son has really enjoyed himself and benefited from a return to routine and interaction with his friends and staff. The attention given to ensuring the health and safety of everyone has been meticulous ."

While the weather was nice and sunny the group took advantage of our wonderful outdoor space! Exercising outside, working on our fitness all while catching the rays!



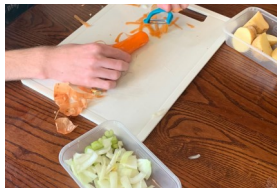
1:1 Moments

We've found these sessions have been boosting the confidence of some of our members who want a slower return to their usual routine.

Don't forget our weekly Yoga and Dancersize Zoom sessions on a Monday afternoon at 4pm!

Over the last two weeks the group have been busy baking and cooking! Starting off with their own individual Rocky Roads and homemade easy-peasy veggie soup - neither made it home!

The group discussed food hygiene, how to store food correctly and preparing fresh vegetables.



What have the staff been up to over Lockdown?

Well, we've been extremely busy behind the scenes here at LFA! All senior staff members have completed the up to date COVID-19 Hygiene qualification, allowing to us to make sure that our standards remain high!

Well done to our staff member Julie who has completed her Makaton Level 1 certificate and is all signed up for her level two!



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