LFA Evening Activities (centre based)

Thursday 24 th September 5.30pm- 8.30pm	Curry Night LFA BAR OPEN Table Tennis/Pool Table Music	
Thursday 1 st October 5.30pm- 8.30pm	Movie night LFA BAR OPEN	MOVIE night
	Fish and Chips (vegetarian/vegan option)	
Thursday 8 th October 5.30pm- 8.30pm	(dancercise with glow sticks) Spaghetti Bolognaise	
Thursday 15 th October 5.30pm- 8.30pm	Prize Bingo night LFA BAR OPEN Buffet Pool Table	B N G O 5 29 42 52 68 17 12 18 50 74 17 12 22 22 46 64 8 17 32 68 6 28 37 54 61

Saturday 12th September 12 – 3pm Social Distance BBQ

LFA BAR OPEN



- Transport available locally (limited availability due to Social Distancing)
- Due to Social Distancing there will be a limited number of places available, please book early to avoid disappointment. Members will be invoiced for non- attendance if a place has been booked
- Times will vary depending on travel
- £12.75 per hour including activities and meal (non-alcoholic prosecco and beer available to purchase at the bar)
- You need to be registered with Looking Forward Activities to take part

Please text Sam to book on 07878559405 or Email: Slomas.LFA@hotmail.com