

Looking Forward Activities

Your guide to all the exciting news for September



New Supervisors

By Shea Dunne

At Looking Forward, we pride ourselves on our passionate and caring staff who consistently deliver person-centred care to all the wonderful people we support.

As we continue to welcome more people into the Looking Forward family, we have decided to promote two of our hard-working staff members to supervisors.

Ben will be taking on the role of Floor Supervisor; this will ensure that all our members are getting the great service they are accustomed to and are supported in all activities. Sophie will be taking on the role of Activity Supervisor by taking on this position. Sophie will be planning all our exciting Activize trips on Tuesdays whilst also striving to promote our commitment to supporting a healthy lifestyle with the Thursday and Friday Energize sessions.

WHAT'S NEW

HELLO AND WELCOME!

Hello and welcome to Looking Forwards brand-new monthly newsletter

FOLLOW US

Poppy has taken over the running of our social media accounts. If you want to keep in the loop with all our fun activities follow us on Instagram and Facebook.

Food Menu

If you would like a copy of the menu for September, please contact Shea or Danielle.

Feeling Social?

By Shea Dunne

Do you feel like making some new friends and having fun whilst doing it? Then why not speak to Danielle or Shea about our amazing social sessions that take place on Tuesday, Wednesday, and Thursday evening.

On Tuesday evening we have performing arts session where members are able to build confidence and share their creativity with their friends.

Wednesday is our hugely popular bowling and meal out. This is a highlight of the week where members are supported to have fun in the community.

Thursday is social night where it's all about fun, we have a different theme every week from summer parties to murder mystery events. We also offer amazing food from BBQs to pizza made in our very own Pizza oven.



In a bit of a Pickle

By Shea Dunne



Our cheeky guinea pigs Pickle and Sweetheart continue to be a great source of entertainment for our members.

Members love spending time with our furry friends and have learnt a range of skills around animal management that help to support their overall wellbeing.

Pickle and Sweetheart love spending their days with our members and are a well-loved part of our family.

What's Happening in September?

By Shea Dunne

We have many exciting trips out with our Activize sessions this month if you would like more information, please contact Sophie who will be more than happy to help.

Sessions for the month will be sent out with this newsletter and have been planned by our Activity Co-ordinator Josie who has a passion for engaging exciting session focusing on person-centred approaches.

Evidenced based learning

By Shea Dunne

We are happy announce that from the first Monday in September we will be launching our new evidence learning app that will allow all stakeholders to track progress of the people we support. More details of this will be sent out shortly including how to access the app.

Healthy choices with our Life Coach

Our Life Coach Vicki is passionate about delivering nutritious healthy food as part of a balanced diet. Vicki works with members daily to improve their skills in the kitchen and teach them the importance of safety in a working envioment which we hope will give them the nessessary skills to gain employment in the future.

